



'Circle ball' helps players to think develop listening and communication skills. 'Circle Ball' also introduces simple ball rolling skills.

What you need

- A goalball or alternative for each circle (one goalball between two in 'Crossfire').
- Eyeshades.

How to play

- Players stand in a circle, legs apart, outside of feet touching.
- Players try to score by rolling the ball across the circle and through the legs of another player.
- The ball must be rolled and remain on the floor.
- A point is scored if the ball goes through another player's legs.
- Players use their hands to defend their 'goal'.
- Players can play from a seated position; wheelchair users can turn their chair 'side on' with the wheel facing into the circle representing their goal.
- Note! The ball must be rolled and stopped with the hands - no kicking!

Think about

- Listening for the ball when wearing eyeshades; do you always know where the ball is?



Use the STEP model to modify this game

Space

- Ensure that there are enough players in each circle (8-10) to give them time to track the ball.
- A larger circle gives players more reaction time; a smaller circle speeds the game up.

Task

- Play as a passing game initially; players can be given a number; the player in possession calls a number and passes the ball to the player who responds (see illustration).
- Try a team version of the game with players arranged alternately. Players score if they roll the ball through a member of the opposing team's legs.

Equipment

- Play with or without eyeshades; it may help players to introduce Circle Ball without eyeshades initially.
- Try using different sizes and speed of ball balls. Or adapt the game by playing without eyeshades and using a football or basketball.

People

- Appoint a 'referee' to determine scores and some 'fielders' to return the ball to the circles.

Safety

- Keep ball on the floor; no bouncing or flicking the ball upwards.
- Be careful not to bump heads.

Extension game 'Crossfire'

- Players line up along the length of the court opposite a partner and roll a goalball back and forth to each other. Meanwhile one player tries to walk along the channel between the pairs without being hit by a ball.
- The moving player cannot jump over the balls but can pause to let them pass by.
- Balls must be rolled along the floor – no bouncing.
- Players rolling the ball must remain quiet to enable the walking player to hear the balls.

Variations:

- A guide can give verbal instructions from one end of the channel, for example 'Stop', 'Go'.
- Use a regular ball (like a basketball) wrapped in a plastic bag if a goalball is not available..
- After every one has played, add up the points scored – team with highest total wins!

How to improve

- Concentrate on the sound of the ball.
- Have hands ready in position to deflect/push the ball towards another player's goal.

Integrity

- Whatever modifications are used, maintain the integrity of the game. Avoid modifying a game to the point where it no longer resembles the original.

Links

- For more information about goalball see:
<http://www.goalballuk.com>