



'Team Pass' is a listening and passing game that develops teamwork and good inter-player communication.

What you need

- A goalball or alternative for each team.
- Eyeshades.
- Throw down lines or markers to indicate player stations.

How to play

- Arrange two (or more) teams in a zig-zag formation (see illustration).
- Position one player on each marker down the course. Players can sit, kneel or stand.
- Starting at one end, each player passes the ball to the next player in line until the ball reaches the last player.
- The direction of the ball is reversed, and the players continue to pass the ball from team-mate to team-mate until time is up.
- Teams try to achieve as many successful passes as possible within the time limit (for example, 1-3 minutes).

Note:

- The emphasis is on good communication.



Think about

- The best way to communicate with each other. Teams should get together before they play to decide how they are going to guide the person passing the ball. For example, will you use floor tapping, clapping or calling?.

Use the STEP model to modify this game

Space

- Change the angle at which the players are positioned in relation to each other; or arrange teams in different formations, for example, a square or circle.
- Vary the distance between the players.
- Make sure there is a reasonable distance between teams so that players can clearly hear their own team-mates.

Task

- Begin with eyes un-shaded, then add eyeshades once the concept of the game is understood.
- Give a point for every successful pass made in the time limit (that is, pass received under control); if a pass is missed, the ball is returned to the passer and play continues.

Equipment

Use a goalball for each team, or try alternatives:

- Lighter bell ball, or ball containing seeds or rice;
- Wrap a basketball in a plastic bag and secure with tape.

People

- It may be useful to have some 'fielders' playing without eyeshades to return mishthrows to the passer.

Safety

- Make sure players are ready to receive (in other words, are calling for the ball) before passing to them.

Extension game 'Listen out!'

- This game is focused on listening and orientation to the sound of the ball.
- Players sit (on mats if available) in a straight line, one behind the other (single file).
- A passer positioned about 5 metres in front of them rolls the ball either to the right or left of the seated players.
- When players think that they know to which side the ball is passing they point with one hand to that side.
- Players score a point for each correct guess.
- Rotate passers regularly.
- Passers do not wear eyeshades.
- As another variation, have the listeners positioned in a row (as in the goalball game) and roll the ball between them.

How to improve

- The player passing should let the receiver know that the ball is coming.
- The player receiving should let the passer know that the ball has been successfully received.

Integrity

- Whatever modifications are used, maintain the integrity of the game. Avoid modifying a game to the point where it no longer resembles the original.

Links

- For more information about goalball see:
<http://www.goalballuk.com/>